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TV showrunner Shonda Rhimes recently spoke at the [TED conference](#) here in Vancouver, sharing insights from her *Year of Yes*. If you missed her talk, she's also chronicled her experience in a [bestselling book](#) -- relaying her journey of saying yes to everything that scared her, and overcoming the debilitating fear that limited her life.

Fear is a powerful emotion many of us in the not-for-profit space can relate to. But often our fear is rooted in a different place. Our fear is not of taking on new projects or being open to the world, **but a fear of saying no.**

Deep down, the very concept of 'no...

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This month's podcast guest, Kathi Irvine, gets out her dance shoes to walk us through the steps of Mastering the Governance Foxtrot: Effective Board/ED Relations. Kathi is a long-time knowledge philanthropist here at Vantage Point and a skilled consultant and facilitator. She is Co-Founding Partner of Watershed Organizational Development Group Inc., where she supports for-profit and not-for-profit organizations with...

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