

**Blog**



[10 ways to kickstart your year with Vantage Point](#)



[Nav Nagra](#), Education Events Coordinator

Ah, January. The time of year we all decide that this will be the year we get stuff done. This will be the year we set our goals and actually stick with them! Luckily for you, Vantage Point has all the tools and resources available for your professional development goals to make the smaller steps easier and that ultimate goal something you can happily cross off your to-do list.



[From our Vantage Point Episode 32 - Personal Goal-Setting and Self-Awareness](#)



[Maria Turnbull](#), Associate Executive Director

This month, Vantage Point's Executive Director, Denise Baker, brings forward examples of her personal self-awareness journey throughout her career. She highlights how self-awareness comes from an understanding of our individual strengths, motivations, and values. Personal goal-setting is a valuable learning process. When we have a deeper sense of self awareness, we can more successfully support ourselves and our teams!



### [Three Practices to Build Your Resilience](#)

Resiliency is often defined as the ability to overcome adversity. But it's more than that. Resiliency is the ability to navigate challenge while being who you are. What do I mean by that? Think of a time you overcame something hard. You made it onto the other side. Did you feel proud or inspired? Did you get angry or say or do things you didn't mean?



### [From our Vantage Point Episode 31 - Winning Capital Campaigns](#)



[Maria Turnbull](#), Associate Executive Director

Esther Jang joins us from Global Philanthropic, an international fundraising consultancy, to share recommendations for developing and executing capital campaigns.



### [Give the Gift of Capacity](#)



[Denise Baker](#), Executive Director

I'm suggesting that we start asking for a different kind of support. Let's ask our donors for the gift of capacity. What exactly is capacity? It is impact. It is resilience. It is sustainability. It is taking the time to invest in professional development for the people in our organizations.

## Pages

[3](#)  
[4](#)  
**5**  
[6](#)  
[7](#)  
[8](#)  
[9](#)

...  
[next >](#)  
[last »](#)