

Human Resources: Giving and Receiving Feedback

Feedback can be both hard to receive and crucial in professional development.

The ability to give and receive feedback effectively is a critical professional skill - and one developed through practice over time. In this half-day workshop you will **learn strategies** to overcome the tension between our requirement for feedback and our desire to be accepted the way we are right now. Learn **practical tools for sharing feedback** with your peers, managers, and direct reports. Developing your skills at giving and receiving feedback helps you:

- Build engagement and strengthen relationships
- Support growth and development
- Enhance performance

This workshop is ideal for all not-for-profit leaders, staff and volunteers

Come away from this workshop with the ability to:

- Describe why feedback is important for learning and growth
- Recognize your strengths and vulnerabilities in giving and receiving feedback
- Demonstrate strategies to provide individual feedback and ask for feedback

To see if this workshop is currently scheduled, visit our upcoming [learning opportunities listing](#)

For more information, please email info@thevantagepoint.ca